

Cranbrook School Dining Menu Wk3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST		
Waffles and Berries	Bacon, sausage, beans, and scrambled eggs	A selection of pastries and freshly cut fruit	Pancakes with streaky bacon and maple	Granola Bar with Greek Yoghurt, Honey and Fruit	BRUNCH	BRUNCH
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH		
Vegetable Biryani " Sweet potato, spinach & Lentil Dahl " Roasted tomato and basil pasta " Soup of the Day " Served with Naan breads, onion salad " Vanilla ice cream tubs	Sausage & Bean pie with cheesy mash topping " Creamy pesto pasta with crispy onion " Lemon and thyme gnocchi with roasted courgette " Soup of the Day " Served with Mixed leaf salad and freshly baked breads & peas " Spiced Ginger cake	Steak and root vegetable pie with shortcrust pastry topping " Creamy leak and mushroom gratin " Roasted Vegetable bake with Goats Cheese " Soup of the Day " Served with New potatoes, carrots and Broccoli " Cherry & Apple Pie With custard	Tomato & Basil Chicken pasta " Beef Tomato, Basil, aubergine pastry tart " Broccoli & Cauliflower cheese " Soup of the Day " Served with Crusty bread, fresh salad and Green beans " Bread & Bread pudding	Sustainably caught breaded fish with lemon " Traditional Cornish Pasty " Red pepper Pesto pasta with Fresh rocket leaf and parmesan " Served with Chips, peas & sweetcorn " Soup of the Day " Poached pears with chocolate sauce	A SELECTION OF FRESHLY COOKED ITEMS FROM THE HOT COUNTER ~ FRESH CUT FRUIT BAR WITH GREEK YOGHURT SELECTION OF CEREALS, BREAD, CRUMPETS & BAGELS	A SELECTION OF FRESHLY COOKED ITEMS FROM THE HOT COUNTER ~ FRESH CUT FRUIT BAR WITH GREEK YOGHURT SELECTION OF CEREALS, BREAD, CRUMPETS & BAGELS
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Beef Bolognese with spaghetti pasta " Mediterranean vegetable pasta bake " Served with Garlic bread, peas, carrots and leaf salad " Tiramisu	Sweet & sour chicken " Sweet & sour Quorn " Steamed rice, vegetable spring roll and prawn crackers " Lemon Cheesecake	Southern Fried Chicken wraps " Southern fried Quorn pieces " Served with Curly fries, corn cobs, red cabbage slaw and herbed salad " Chocolate Brownie	Spiced Lamb or spiced chicken with pomegranate & Herbs " Mixed roasted veg with sweet potato falafel " Served with flatbreads, seasoned fries, steamed greens and yoghurt dressing " Flapjack	Pepperoni pasta " Arabiata pasta " Served with Garlic breads and a salad bar " School Cake	Oven Baked Salmon with a parsley sauce " Vegetable pasta Bake " Served with Herbed new potatoes & steamed greens " Guest dessert	Giant Yorkshire pudding filled with Chicken Sausages and Mash " Veggie sausages " Served with onion gravy and vegetables " Guest Dessert

Dishes Highlighted in Green are suitable for vegetarians.
Allergen related options are available daily