



Cranbrook
School

April 1, 2025

FUTURES

The IFOA and actuarial firm APR LLP are holding a webinar to help you **develop confidence** and embrace opportunities for **practical mathematical careers**.

May 13th 2025 - 6:30-7:30 pm

SIGN UP HERE: [imposter syndrome and how to overcome it webinar](#)

Creative Lives in Progress offers helpful guides for young people looking to **build futures in creative industries**. Features include how to set up as a freelancer, how to invoice, how to write a CV for creative work, and how to build a portfolio.

They also have a centralised hub of **opportunities for entry-level and junior creatives**.

**CREATIVE
LIVES—IN
PROGRESS**

Springpod

On Springpod, you can gain **free virtual work experience** and test university courses before applying.

Work experience courses include:

- Personal Finance
- Accounting
- Publishing
- Healthcare
- Forestry
- Tech
- Data Science and Meteorology

University Courses include:

- Fashion
- Biological Sciences
- English Literature
- Product Design
- Midwifery
- Law



The **ERIC app** is a free careers app helping you break into the creative industries and **become work-ready**. Browse thousands of **internships, events, training schemes, courses** and more.

Available on iOS and Android devices.



Get a better understanding of day to day work in the **corporate world** with **job simulations** on [Forage](#).

You could get experience in:

- Banking & Finance
- Engineering
- Public Policy
- Insurance
- Marketing

Brighton and Sussex Medical School

Thinking of **applying to study Medicine**? Try [Brighton and Sussex Medical School's free virtual work experience](#) to get a taste of life as a doctor.



UNIVERSITY OF LONDON

Curious about what it's like to study in London? Various UOL colleges are offering **free taster courses on campus** for years 11 - 13. Find out more [here](#) or search University of London Taster Courses.

LEARN MORE ABOUT APPRENTICESHIPS

Visit the library for information about **16+** and **18+ apprenticeship opportunities** including:

- Police
- Fire and rescue
- Ambulance Service
- Accounting
- Electrical and Plumbing careers
- Childcare and teaching assistants
- Food and hospitality
- Pharmacy and healthcare

Applications are open now for exciting [Transport for London](#) apprenticeships with competitive salaries and **extensive employee benefits**. While working, you can **gain qualifications in Business, Engineering or Technology**.



Unsure about what you want to study at university? **[Informed Choices](#)** can help you narrow down your ideas using your A level subjects as a guide.

Early Career Insights

An Old Cranbrookian takes you through their experience as a recent school leaver and university graduate.

What did you study at A Level?

English Lit, History and Psychology, as well as Drama in Year 12.

What did you study at University?

Psychology at St Andrews.

What did you think you'd be doing after you left education?

Either a clinical psychologist or a postman!

What are you doing for work now?

I'm a healthcare assistant in the NHS, working for the East Sussex eating disorder service. I mostly

do blood tests, ECGs and other physicals, but the job is also about being a friendly face for people to share their experiences in what can be a clinical and unsettling environment.

What advice would you give to someone leaving school now?

Don't be afraid to take time getting where you want to be! I was so scared when I didn't immediately get an assistant psychologist job upon leaving uni, but now I realise it's a good thing having time to think about what you want to be. The goal will always be there, you don't need to start the rest of your life immediately. Don't be disheartened if you don't get your dream job as soon as you graduate.



Want to **work in healthcare**? [Take the NHS careers quiz](#) to find out what path you could take in the healthcare industry.



UK Civil Service

The [Civil Service Career Matcher](#) can help you **find your ideal role** developing policy, improving communities, and **working alongside government**.

Departments include:

- Office for National Statistics
- Department for Education
- Department for Work and Pensions
- HM Revenue and Customs
- Home Office

Essay Competitions

Plenty of Oxford essay competitions are still open. This is perfect preparation for **competitive university applicants**, as well as looking great on your **personal statement**.

Competition	Who Can Enter?	Deadline
Geography Essay Competition (Christ Church College Oxford)	Any UK state school student in year 12, currently studying Geography.	5pm, Friday 18 th April 2025
Big Think (St Edmund's College Oxford)	Any state school student in years 11-13.	Midday, Monday 12 th May 2025
Kavita Singh Essay Competition 2025 (St Hugh's College Oxford)	Any current sixth-form student attending a state school.	2pm, Wednesday 23 rd July 2025
Mary Renault Classical Reception Essay Competition (St Hugh's College Oxford)	Any current sixth-form student. At least one prize will be awarded to a student not studying Latin or Greek at A Level.	2pm, Wednesday 23 rd July 2025
Julia Wood History Essay Competition 2025 (St Hugh's College Oxford)	Any current sixth-form students.	2pm, Wednesday 23 rd July 2025



National Trust

Applications will open in May for apprenticeships at the National Trust. These are excellent for anyone interested in working in the **heritage sector**, as well as those wanting to **work outdoors in horticulture and rangering**.

You can register your interest in this project here.

UPCOMING UNIVERSITY OPEN DAYS

Wednesday 9th April:
University of Bournemouth
Goldsmiths University of London
London School of Economics
University of Roehampton

Saturday 11th April:
University of East Anglia

Wednesday 16th April:
Southampton Solent University
University of Essex
University of Greenwich
University of Winchester

Tuesday 22nd April:
University of Brighton

Wednesday 23rd April:
London Film Academy
Royal Veterinary College

Saturday 26th April:
Middlesex University
University of Kent
Kingston University
Nottingham Trent University
St Mary's University Twickenham
University of Buckingham
University of Bedfordshire
University of Hertfordshire
University of Plymouth

Sunday 27th April:
Sheffield Hallam University

Monday 28th April:
University of Manchester

SOAS

University of London

SOAS and the **Royal Society for Asian Affairs** are hosting a free presentation for sixth-formers to learn more about **studying aspects of Asia**. This is for those interested in further study in **geography, law, the social sciences, international affairs** and **languages**.

Brunei Gallery, SOAS, Russell Square, London

Wednesday November 5th, 2025