# Cranbrook School Dining Menu Wk3 

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |  |  |
| A selection of warmed pastries and fresh fruit | Bacon, sausage, beans, and Boiled eggs | Pancakes with Fresh Berries and Cream | Bacon or Egg Bap | Granola Bar with Greek Yoghurt, Honey and Fruit | BRUNCH | BRUNCH |
| LUNCH | LUNCH | LUNCH | LUNCH | LUNCH |  |  |
| Chicken Casserole with Yorkshire pudding " Gammon steak with pineapple " Mixed bean and herb pesto pasta " Served with New potatoes, peas \& carrots " Soup of the Day " Poached pears | Traditional Cottage pie " Creamy leek and portobello mushroom gratin " Speckled lentil casserole " Served with Freshly baked breads and seasonal veg " Soup of the Day " | Hunters chicken " Cheesy Broccoli pasta " Wild Mushroom Risotto " Served with roasted potatoes and seasonal vegetables " Soup of the Day " | Sweet N Sour Meatballs " Sweet N Sour Veg with Quorn " Seasonal Veg with rocket pesto pasta " Served with Steamed Rice and mixed leaf salad " Soup of the Day " | Sustainably caught breaded fish with lemon <br> Spicy salmon fillet with cous cous <br> Three cheese and tomato tart <br> Served with <br> Chips, peas, sweetcorn \& tartare sauce <br> " <br> Soup of the Day <br> Butterscotch mousse with shortbread | A SELECTION OF FRESHLY COOKED ITEMS FROM THE HOT COUNTER ~ <br> FRESH CUT FRUIT BAR WITH GREEK YOGHURT SELECTION OF CEREALS, BREAD, CRUMPETS \& BAGELS | A SELECTION OF FRESHLY COOKED ITEMS FROM THE HOT COUNTER ~ FRESH CUT FRUIT BAR WITH GREEK YOGHURT SELECTION OF CEREALS, BREAD, CRUMPETS \& BAGELS |
| DINNER | DINNER | DINNER | DINNER | DINNER | DINNER | DINNER |
| Beef and vegetable Hotpot <br> (I <br> Creamy Leek and portobello mushroom gratin " <br> Vegetable Hotpot <br> Served with mashed potatoes and peas | Sticky chicken with Asian slaw <br> Sweet chilli noodles with prawn <br> Stir fried vegetables with Tofu " <br> Served with steamed rice and Asian style greens Chefs choice of dessert | Steak and blue cheese pie <br> " <br> Courgette, leek \& mixed bean casserole <br> " <br> Cauliflower steak with fennel seed and Brie " <br> Served with <br> Mashed potatoes and peas " <br> Chefs choice of dessert | Pulled pork bap <br> Smoked Mac N Cheese <br> " <br> Falafel and spinach burger <br> Served with Oven baked spicy potatoes, corn cobs and red cabbage slaw " Chefs Choice of dessert | Cranbrook Fried Chicken <br> " <br> Breaded Camembert " <br> Served with <br> Curly fries, BBQ beans and mixed leaf salad <br> Chefs choice of dessert | Homemade Pizza and pasta bar (includes suitable vegetarian options) <br> " <br> Chefs choice of dessert | Hungarian Beef Goulash " Bean and vegetable goulash " Served with Steamed rice and seasonal vegetables "" Chefs choice of dessert |

Dishes Highlighted in Green are suitable for vegetarians.
Allergen related options are available daily.

