



## Lunch Menu Summer Term 2022



### Week Commencing: Monday 13<sup>th</sup> June & 11<sup>th</sup> July

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Steak & Vegetable Pie ~ Thai Pork Curry & Steamed Basmati Rice ~ Ratatouille & Bean Crumble with Creamed Potato, Cauliflower, Chantany Carrots ***** Apple Crumble & Cream	Chicken Breast with Smoked Bacon & Tomato Sauce ~ Fillet of Cod with Parsley Sauce, New Potatoes & Spinach ~ Quorn sagaloo, Rice & Naan Bread with Green Vegetable Medley, Sweetcorn, Rocket & Tomato Salad ***** Chocolate Pudding & Chocolate Sauce	Pan Fried Breaded Pork Escalope with a Peppercorn or Tomato & Olive Sauce ~ Potato Topped Mince & Onion Pie ~ Moroccan Spiced Mushroom & Lentil Hot Pot with New Potatoes, Fine Beans & Red Onions, Steamed Broccoli ***** Peaches & Cream	Mincing Beef Lasagne ~ 6oz Smoked Bacon Steak Caramelised Pineapple with Crushed Potato ~ Rocket Pesto Pasta with Cumin Roasted Sweet Potato & Sunblushed Tomato with Tomato Salad, Mixed Leaves Garlic Bread ***** Pear & Chocolate Chip Sponge	Breaded Fillet of Haddock & Lemon ~ Cod & Prawn Arrabbiata ~ Sausage, Bacon & Bean Potato Pie ~ Saffron Risotto with Minted Peas with Chipped Potatoes, Mushy Peas, Sweetcorn ***** Fresh Fruit Salad & Cream

### Week Commencing: Monday 20<sup>th</sup> June

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Summer Pork with Fennel & Beans ~ Beef & Onion Wholemeal Pie ~ Spiced Rice Stuffed Peppers with New Potatoes with Parsley Drizzle, Sweetcorn, Broccoli ***** Lightly Spiced Crumble & Cream	Parmesan & Garlic Chicken ~ Slow Cooked Lamb & Chick Pea Curry ~ Broccoli & Italian Cheese Flan with Sauté Potatoes, Fine Beans & Tomato, Minted Peas ***** Apple & Raspberry Sweetcrust Pie	Fresh Pasta Carbonara & Mini Roll ~ Turkey Chasseur ~ Butternut Squash, Spinach & Lentil Dahl with Jacket Potato Half, Petit Poi's, Chantany Carrots ***** Poached Pear & Chocolate Sauce	Chicken & Sweetcorn Pie ~ Moroccan Braised Beef with Roasted Roots & Chick Peas ~ Roasted Red Bell Pepper with Parsley Pesto Pasta with Creamed Potato, Mixed Vegetables, Courgettes & Thyme ***** Melon & Strawberry Salad	Breaded Fillet of Haddock & Lemon ~ Thai Green Fish Curry & Rice ~ Pepperoni Pasta ~ Harissa Roasted Vegetables & Couscous with Chipped Potatoes, Petit Poi's, Baked Beans ***** Chefs Special Cheesecake

### Week Commencing: Monday 27<sup>th</sup> June

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breast of Chicken With Smoked Bacon & Tomato Sauce ~ Shallot & Brie Flan ~ Mac 'N' Cheese ~ Herb Potatoes, Carrots, Sweetcorn ***** Crumble	Chilli Beef Stir fry ~ Chicken Katsu Curry ~ Sweet Chilli Aubergine with Fried Greens with Rice, Vegetable Stir Fry ***** Eves Pudding & Custard	Classic Mincing Beef Pasta Bake ~ Turkey Steak with a Wholegrain Mustard Sauce ~ Quorn Sagaloo & Rice with New Potatoes, Sweetcorn n Peppers, Courgettes ***** Jelly & Ice-cream	Tandoori Chicken Melt ~ Indian Beef Keema with Carrots, Potatoes & Rice ~ Roasted Pepper & Veggie Mince Chilli with Onion Rice with Jacket Potatoes, Carrots & Beans, Leeks n Feta ***** Fresh Fruit Pavlova	Breaded Fillet of Haddock & Lemon ~ Cod with Tomato, Olives & Crispy Bacon ~ Thai Red Duck Curry with Pineapple Rice ~ Pasta Pomadora with Roasted Tomato & Chives with Chipped Potatoes, Peas, Sweetcorn ***** Trifle

### Week Commencing: Monday 6<sup>th</sup> June & 4<sup>th</sup> July

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Rich Smokey Beef Bourguignon ~ Peppered Turkey ~ Baked Risotto with Roasted Peppers with New Potatoes, Rice, Sweetcorn, Cabbage ***** Pineapple Upside Down Cake	Crispy Chicken Caesar Salad ~ Prawn Madras, Rice & Poppadum ~ Courgette Frittata with Hummus & Marinated Pepper Topping with Herb Diced Potatoes, Roasted Vegetables, Tossed Salad ***** Carrot Cake	Beef Massaman Curry & Rice ~ Chicken & Ham Terrine Meatloaf with BBQ Beans ~ Pea & Leek Super Green Tart with Mashed Potato, Broccoli, Fine Beans & Red Onion ***** Peach Melba Shortcake	Mac "N" Bacon ~ BBQ Beef & Bean Burrito ~ Rocket Pesto Pasta with Roasted Tomato with Garlic Bread & Salad ***** Mars Bar Crispy Cake Slice	Breaded Fillet of Haddock ~ Seabass & Summer Vegetables ~ Red Pepper & Tomato Pesto Chicken ~ Sweet n Sour Quorn with Noodles with Chipped Potatoes, Sweetcorn, Peas ***** Rice Pudding

