WEEK OF:

# ULTIMATE TO-DO LIST Sage Grayson



sagegrayson.com

### **EVERYTHING I WANT TO ACCOMPLISH**

## 3 MAIN PRIORITIES FOR THE WEEK

## 3 MINI TASKS PER DAY

MONDAY	
1.	1.
2.	2.
3.	3.

**TUESDAY** 

WEDNESDAY

2.

3.

**THURSDAY** 

1.

2.

3.

**FRIDAY** 

1.

2.

3.

SATURDAY

2.

3.

**SUNDAY** 

3.

## Ultimate To-Do List

Thank you for downloading the Ultimate To-Do List from Sage Grayson Coaching at <a href="http://sagegrayson.com">http://sagegrayson.com</a>. This easy-to-use worksheet will help you organize your weekly priorities and plan daily mini tasks to keep you moving forward.

#### Instructions

- In the first section, write down all of the to-dos that are in your head. Don't worry about putting them in order or grouping them into categories. Just do a complete "brain dump."
- Next, choose your 3 main priorities for the week. Be realistic with yourself. Choosing any
  more than 3 main priorities will make you feel rushed and stressed. Really think about
  what's most important and what could wait until next week.
- Finally, give yourself 3 mini tasks to do every day that lead you closer to accomplishing your 3 main goals for the week. Baby steps are awesome! You can accomplish a lot by doing just a little every day.

## Who's Sage?



## Hey there! I'm Sage Grayson.

I help ambitious career women edit their habits, routines, and mindsets to balance their happiness at work and home. I'm a Life Editor...and so are you! I live in Orlando, Florida, with my husband, Chris, and dog, Skyla.

Like this worksheet? Join the **Life Editor Clubhouse** at the SILVER Level for dozens of training classes, videos, and more!

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