



Place2Be at Cranbrook School

Place2Be is a national charity working in schools to improve the confidence and wellbeing of children and young people. We are pleased to adopt Place2Be this year at Cranbrook to widen the support we are able to offer our students.

How Place2Be works

Catherine Hayes Fisher is our School Project Manager who works closely with our Heads of Houses, the Safeguarding Team and the Medical Centre as well as other staff across the school. In Crane House we have a dedicated room where young people can go to express themselves and think about their worries through talking and creative work. Trained Counsellors support this process, helping young people to find new ways of coping with difficulties so they don't get in the way of friendships or learning.

Times when we're useful

There are times when young people might feel particularly sad, stressed, anxious or angry, due to problems such as bullying or friendship issues, worries about school, or difficulties at home. Some young people may become withdrawn; others may become more challenging in their behaviour. Having Place2Be in school is especially helpful at these times.

How we help young people

Place2Be works with young people one-to-one and in small groups, offering regular time-tabled support for those who will benefit most. In addition to this counselling support, all students can find help with friendship issues and other worries by choosing to visit Place2Talk – short sessions that are open to individuals and to groups.

Confidentiality

We routinely meet with parents to discuss their worries about their children through our 'Parent Partnership' support. However, specific details of what students say within the room are confidential unless the Counsellor has concerns about the student's safety. In this case, Place2Be's School Project Manager will then liaise with the appropriate school staff member.

How we help schools

Place2Be also supports teachers and school staff members via a consultation service called Place2Think. This means teachers can access advice, support and training which in turn helps the whole school to thrive.

Any questions?

You are welcome to talk to Catherine Hayes Fisher, the Place2Be School Project Manager at your school, either face-to-face or via telephone or email.

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To find out more about Place2Be, please visit their website: www.place2be.org.uk