



Weekly Bulletin

w/c Monday 23rd September 2019

September - October menu / Week B

Notices:

- **Climate change - action days:** We cannot give our students permission to strike, their participation and absence is unauthorised. The reasons for protesting are rational and heart-felt however, and many of us will have sympathy for their cause. Students are arguing that climate change, created by previous generations, requires urgent action and that protesting is the only way to get politicians to listen. Another grammar school Head has drawn our attention to an alternative way for young people to influence the politicians. He has launched a [Parliamentary Petition](#), asking the government to create a mechanism that takes into account the voices of under 18s when it makes decisions related to climate change. We recommend that concerned students take this course of action. The petition urges the Government to consult with groups of students before they create climate change policy. It also suggests that a National Youth climate summit could be organised, much like the UN have done.
- **REMINDER - School Uniform and Sixth Form Dress Code** (first circulated with last Friday's Bulletin): Please read the [attached letter](#) from Miss Smart (Deputy Head), along with the specific uniform/dress code information that is relevant to your child. Please note that the letter includes clear guidance about jewellery.
- **Cranbrook School Charity Walk 2019:** The whole school will be involved in the annual sponsored walk which this year takes place on Wednesday 2nd October. Please read the [attached letter](#) from Mr Swinburne which gives details about this event. Sponsor forms were given out today to all students at school this morning.
- **Wednesday 25th September: Open Evening Arrangements:** Being a very important day in the school's calendar, our best asset is our student body. To this end we ask all of Years 7, 8 and 12 to support the event with their presence.
 - Year 7 will assist departments with activities and displays (and assisting tour guides)
 - Year 8 will act as tour guides, accompanying Year 12 studentsProvision has been for Year 7 and 8 students from the end of school until the commencement of the Open Evening. There will be a light tea for students. Please arrange pick up/travel at 7.15pm. In the event of your child not being available due to a prior arrangement, please notify their tutor.
- **Counselling and support at Cranbrook School:** We are very pleased to employ Place2Be at Cranbrook School to widen the support we are able to offer our students. Place2Be is a national charity working in schools to improve the confidence and wellbeing of children and young people. Catherine Hayes Fisher is our School Project Manager who is working closely with our Heads of Houses, the Safeguarding Team and the Medical Centre as well as other staff across the school. In addition to Catherine, Place2Be will provide trained counsellors who will offer either 1:1 or group work to students who need this support. Place2Talk is the lunch and break time drop in service offering a quiet place to talk during the school day and students can then refer or be referred for 1:1 counselling when needed. Place2Be can also offer counselling support for parents and carers in relation to their children, as well as a consultation and training service to staff. For further [information on Place2Be](#) and consent please see the [attached](#). Unless we hear otherwise from you we will assume that all students (years 7-10) have parents' permission to attend Place2Talk sessions. Students in years 11 and above do not need parental permission. We are very grateful to the CSPA for supporting the funding of Place2Be.
- **.b Mindfulness In Schools Project – Year 7:** We have been lucky enough to be offered the .b programme for our year 7s. This is a classroom-based mindfulness curriculum of 8-10 sessions for young people that aims to promote the integration of mindfulness in all subjects and in their everyday lives. .b aims to help young people: to improve their concentration and focus, to fulfil their potential, to experience greater well-being and to cope with everyday stresses, and to help individual's work with difficult mental states. Many studies have been carried out over several years which indicate improvements in performance, attention, mood, and relationships. This will be starting w/c 23rd September during Enrichment lessons.
- **Resilience Programme - Year 9:** We have been invited by Eton College to participate in an intervention which aims to develop resilience and wellbeing in pupils. Starting in January, the sessions will be delivered to year 9 students by Cranbrook teachers who will receive training in how to use the materials for the course and will be overseen by the pastoral team at the school. The materials used for the intervention have been designed by academics and experts in the field and are used as part of the PSHE curriculum. Before and after the course, researchers will collect data from the pupils in the form of a questionnaire and a focus group. The study is commissioned by Eton College and is run by BrainCanDo. Participation in the research element of the course is anonymous and voluntary. All results will be shared with the school and you could request access. If you have any questions about the research please contact the researcher directly: Dr Iro Konstantinou (i.konstantinou@etoncollege.org.uk). The research team follow the ethical guidelines given by the British Educational Research Association (if you want to know more please see here <https://bit.ly/2NoHQKm>). If you do not grant consent, then please email Mrs French (frenchc@cranbrook.kent.sch.uk) giving your child's name and house and stating that you *do not* wish your child to take part in the research element of the course (year 9s only). This will only involve the pupil not answering the questionnaire but will still take part in the course.
- **The CSPA are holding a lecture with Digital Awareness UK** on Tuesday 15th October at 7:30pm in the Queen's Hall Theatre. The lecture will cover: the latest trends in social media; consumption amongst young people; tips and advice on how to effectively implement policies and parental engagement. Tickets are £5.00 per person and are available from UberSPORTS, Pages the Newsagents or online at www.cranbrookschoolparents.com.

New on the website:

- [Sports Clubs - Autumn 2019](#)

Dates for your diary:

- Saturday 12th October CSPA 80s Night, Queen's Hall Theatre (from 7:30pm)
- Wednesday 16th October End of Term 1 (3:35pm)
- Monday 28th October Boarders return (from 6:00pm)
- Tuesday 29th October Return to school, first day of Term 2

Links to attachments (this will redirect you to the website)

- [Futures](#)

For the latest news, visit www.cranbrookschool.co.uk/news/latest-news/

For the latest sports fixtures, updates and results, visit http://www.schoolsports.com/school/Fixtures_Teams.asp?id=364